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| **Nutrition Facts** | |
| 1 serving per container  Serving size 1 Bar (53g) | **% Daily Value \***  **Amount per Serving** |
| |  |  |  | | --- | --- | --- | | **Calories** | 230 |  | | **Total Fat** | 11 g | 14 % | | **Saturated Fat** | 8 g | 40 % | | Monounsaturated Fat | 2g |  | | Polyunsaturated Fat | 1g |  | | ***Trans* Fat** | 0 g |  | | **Cholesterol** | 15 g | 5 % | | **Sodium** | 180 mg | 8 % | | **Total Carbohydrate** | 17 g | 6 % | | **Dietary Fiber** | 1 g | 4 % | | **Sugars** | 5 g |  | | Sugar Alcohol | 9 g |  | | Includes 4g Added Sugar |  | 8 % | | Protein | 20 g | 40 % | | Vitamin D | 0mcg | 0 % | | Calcium | 80 mg | 6 % | | Iron | 3 mg | 15 % | | Potassium | 170 mg | 4 % | | The % Daily Value (DV) tells you how much a nutrient in a serving of food constitutes  to a daily diet. 2,000 calories a day is used for general nutrition advice. | | | | |

**INGREDIENTS:** Protein Blend(Whey Protein Concentrate, Whey Protein Isolate), Palm Kernel Oil, Gelatin [bovine], Vegetable Glycerin, Sugar, Pea Protein Isolate, Sorbitol, Pea Crisps (Pea Protein Concentrate and Tapioca Starch), Cocoa (processed with alkali), Palm Oil, Maltitol, Water. Contains less than 2% of Baking Soda, Beta-Carotene (for color), Mono & Diglycerides, Natural Flavor, Potassium Sorbate (preservative), Salt, Soy Lecithin, Soybean Oil, Sucralose, Sunflower Lecithin, Vitamin A Palmitate, Whey, Almond and Peanut.